

# CE Post Tests

## HealthFirst Self-Management Program on Improving Asthma Symptoms Among Inner-City Children

Circle correct answer

**1. Which of the following elements related to pediatric asthma?**

- A. Is a serious, growing public health concern with major economic consequences
- B. Is the main cause of school absences in California
- C. Is the most frequent cause of childhood hospitalization
- D. Is a disease that is not optimally controlled in many Californians
- E. All of the above

**2. Which of the following elements related to an integrated team-based approach for pediatric asthma?**

- A. Expand the role of community health workers to liberate physician time
- B. Create a culture of collaboration and mutual support among providers and patients
- C. Improve physician-patient communication, interdependency, and better coordination
- D. Provide culturally and linguistically competent delivery services
- E. All of the above

**3. Which of the following elements is NOT related to community health workers?**

- A. Work with team members, use motivational interviewing, and monitor patients
- B. Are in charge of financial aspects of a self-management program and conduct research
- C. Help with action plans, increase self-efficacy, and conduct follow-up phone calls
- D. Use the “closing the loop” technique to verify patients and parent understanding
- E. A, C, and D

**4. Which of the following elements is NOT related to a successful self-management program for pediatric patients?**

- A. Have a multi-faceted, team-based approach to empower patients and caregivers
- B. Increase healthcare costs, hospitalizations, and very low reimbursement rates
- C. Support and follow-up patients in setting obtainable goals and action plans
- D. Provide culturally and linguistically competent delivery services
- E. Assess patient, create action plan, conduct follow-up and coordinate services

**5. Which of the following elements is related to a successful self-management program for pediatric patients?**

- A. Patients and caregivers take a more active role in controlling their disease
- B. Facilitate communication and coordination among providers, patients, and caregivers
- C. Community health workers prescribe and adjust medications
- D. Support patients and caregivers to set realistic goals and define specific actions
- E. A, B, and D

Print name \_\_\_\_\_ Date \_\_\_\_\_

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