CE Post Tests

HealthFirst Self-Management Program on Improving Asthma Symptoms Among Inner-City Children

Circle correct answer

1. Which of the following elements related to pediatric asthma?
   A. Is a serious, growing public health concern with major economic consequences
   B. Is the main cause of school absences in California
   C. Is the most frequent cause of childhood hospitalization
   D. Is a disease that is not optimally controlled in many Californians
   E. All of the above

2. Which of the following elements related to an integrated team-based approach for pediatric asthma?
   A. Expand the role of community health workers to liberate physician time
   B. Create a culture of collaboration and mutual support among providers and patients
   C. Improve physician-patient communication, interdependency, and better coordination
   D. Provide culturally and linguistically competent delivery services
   E. All of the above

3. Which of the following elements is NOT related to community health workers?
   A. Work with team members, use motivational interviewing, and monitor patients
   B. Are in charge of financial aspects of a self-management program and conduct research
   C. Help with action plans, increase self-efficacy, and conduct follow-up phone calls
   D. Use the “closing the loop” technique to verify patients and parent understanding
   E. A, C, and D

4. Which of the following elements is NOT related to a successful self-management program for pediatric patients?
   A. Have a multi-faceted, team-based approach to empower patients and caregivers
   B. Increase healthcare costs, hospitalizations, and very low reimbursement rates
   C. Support and follow-up patients in setting obtainable goals and action plans
   D. Provide culturally and linguistically competent delivery services
   E. Assess patient, create action plan, conduct follow-up and coordinate services

5. Which of the following elements is related to a successful self-management program for pediatric patients?
   A. Patients and caregivers take a more active role in controlling their disease
   B. Facilitate communication and coordination among providers, patients, and caregivers
   C. Community health workers prescribe and adjust medications
   D. Support patients and caregivers to set realistic goals and define specific actions
   E. A, B, and D

Print name ___________________________________________ Date ___________________
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