What Is Managed Care And How Is It Regulated?

Circle correct answer

1. What is managed care?
A. Managed care includes all health insurance products that use systems and techniques to control the use of health care services.
B. Managed care is that which is managed by providers
C. Managed care is the term used to describe healthcare resources controlled by the patient.
D. Managed care occurs in hospitals and is carried out by discharge planners.
E. None of the above.

2. How is managed care regulated in California?
A. By the Department of Managed Health Care, which monitors and enforces adherence to the regulations legislated by the Knox-Keene Act of 1975.
B. By the Department of Health Services, which also regulates licensing and certification of providers and facilities.
C. By NCQA, which mandates adherence to certain quality standards.
D. By California State law, carried out by each county independently.
E. None of the above.

3. What are some of the similarities between the DMHC and NCQA?
A. Both emphasize access and availability, quality, and utilization management.
B. Both desire to improve financial solvency of health plans.
C. Both have programs for all managed health plans, including dental and vision.
D. Both are mandated by law.
E. None of the above.

4. What are some of the differences between the DMHC and NCQA?
A. The DMHC is mandated by law for health plans in the state of California and NCQA is a voluntary accreditation program.
B. NCQA is focused only on quality and the DMHC is focused only on financial solvency.
C. DMHC surveys do not include a special section regarding access and availability, and NCQA surveys do include such a section.
D. Both programs are funded by through public financing streams and grants.
E. None of the above.

5. What is a commonality in the mission statements of the two organizations?
A. Improvement of the quality of health care.
B. Improvement in financial solvency.
C. Accessibility to affordable health care.
D. Equality in health care delivery to differing populations.
E. None of the above.