



Positive Impact of a Self-Management Program on Improving Asthma Symptoms Among Inner-City Children:

St. Luke's HealthFirst Center For Education and Prevention

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This paper highlights the development, implementation, and evaluation of the HealthFirst pediatric asthma program at St. Luke's Health Care Center in San Francisco. The objective of this pilot program is to develop an alternative model of pediatric asthma self-management among economically disadvantaged, low-income, inner-city children using an integrated team-based approach with community health workers, licensed practitioners, and primary care physicians.